|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Advised by doctor or health worker to reduce fat in the diet** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | % advised | 95% CI | n | % advised | 95% CI | n | % advised | 95% CI |
| 18-29 | 249 | 46.6 | 38.4 - 55.1 | 557 | 47.2 | 42.0 - 52.4 | 806 | 46.9 | 42.3 - 51.6 |
| 30-44 | 343 | 52.1 | 44.7 - 59.4 | 706 | 63.5 | 57.8 - 68.9 | 1049 | 58.4 | 53.5 - 63.2 |
| 45-59 | 238 | 65.7 | 57.6 - 73.0 | 411 | 69.7 | 63.4 - 75.4 | 649 | 67.9 | 62.7 - 72.7 |
| 60-69 | 111 | 50.7 | 40.0 - 61.4 | 251 | 73.6 | 66.3 - 79.9 | 362 | 64.6 | 58.1 - 70.6 |
| **Total** | **941** | **52.4** | **47.5 - 57.3** | **1925** | **58.3** | **55.0 - 61.5** | **2866** | **55.8** | **52.7 - 58.8** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 755 | 49.5 | 43.9 - 55.1 | 1637 | 56.7 | 53.1 - 60.3 | 2392 | 53.8 | 50.3 - 57.2 |
| Urban | 186 | 62.9 | 52.3 - 72.3 | 288 | 66.8 | 60.1 - 72.8 | 474 | 64.7 | 58.6 - 70.5 |